



# Meghan Graham

Speaker, MC ~ Entrepreneur  
~ Neurodiversity Advocate ~

## About

Meghan Graham is a Canadian speaker, event MC, award-winning entrepreneur, Learning Facilitator at a college, and part-time Social Service Worker student. She is also launching a podcast in early 2025.

Known for her own 'neuro-spice,' Meghan is a thought-leader in the realm of neurodiversity, focusing on equity, diversity & inclusion for those with special needs and disabilities, their families, and businesses.

Meghan transitioned from being a career-driven workaholic to a reluctant stay-at-home mom when she left the traditional workforce to focus on her son's needs after his diagnosis of severe autism at four years old, to ensure he received all necessary therapies and school supports. Following her son's hospitalization in November 2021, Meghan unexpectedly became an empty-nester overnight.

Now as a mother of three young adults with multiple diagnoses, Meghan brings a wealth of lived and professional experience to any stage she walks on.

Through extensive and continuous inner healing, self-development, and embracing her empty-nester lifestyle, Meghan offers a unique blend of honesty, laughter, empathy, acceptance, and inclusion. She is dedicated to making the world of neurodiversity accessible and understandable to all.

## Examples of Speech Topics

- Pivoting your self
- Diagnosis ... Now What?
- Rediscovering YOU beyond your child's diagnosis
- Your parenting journey needs to pivot
- Late in life diagnosis

## As Seen On







## Areas of Expertise

- Overcome adversity
- Build resiliency
- Equity & inclusion
- Neurodiversity
- Special needs & disability
- Parenting without losing yourself




## Emcee Experience

- Half day & full-day conferences
- Main stage on two-day expos

## Social Media

-  @meghans\_moments
-  @MeghansMomentsInCanada
-  @meghansmoments
-  @meghan-rm-graham

## Contact

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